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# HOW TO USE YOUR STUDY GUIDE

Your **MyStudyGroup101™** study guide is designed to be a **complete course for your exam** – cost effective & convenient! You can study anywhere & at anytime from your PC, tablet, or phone!

**Now is the time to start teaching yourself to be 'detail oriented'!**

**The study guide portion of this document will be pages (see page 3 of your study guide – each is different).**

The remaining pages are support documents such as quizzes, review bullets, charts, flashcards, textbook chapter summaries from the recommended textbooks, etc. You may utilize these support documents to enhance your study. This study guide is a "PDF" document & we recommend that you use the Adobe Reader program so you may utilize all the functional options such as highlighting, adding notes, searching the document, etc. This document contains a clickable bookmark index. Click 'file', 'navigation', & 'bookmarks' to view the index. If using a phone or tablet, you may not be able to view the index due to limitations of the PDF reader apps available for these device formats. Use the **Table of Contents** for page reference.

**We recommend that you print only the study guide portion of your study guide & review the support documents from your screen.** If you choose to print, you should review the entire contents before deciding which pages to print. If using an outside printing service, make a list of the pages you want printed - **Save a tree!**

## GETTING STARTED:

- #1 – **Download the content guide outline** from the college website for your exam. The content guide outline is your syllabus! Note the percent of the exam concentration for each section.
  - #2 - Find a **quiet spot** where you can study with minimal interruption & set aside a block of time each day for study only!
  - #3 - Review the content guide outline & then read through the study guide portion – this will be pages 5 through ##.
  - #4 – Now, **review section 1 of the content guide & read through section 1 of your study guide.** If any item is unclear, go to the additional resources section & review the documents for that area. You can also 'Google' any terms that are unclear & 'YouTube' has a video on nearly any subject – you may need to be creative in your search terms.
  - #5 - **Go to the corresponding quizzes for section 1** & take a quiz or two. Calculate your score for each quiz by dividing the number of correct answers by the number of questions (example: 70 correct / 77 questions = 90.9%). Review the rationales for the questions you missed. Pay close attention to SATA (select all that apply) questions – you will see many of these types of questions on the exams!! Utilize the 'cheat' sheet on how to answer SATA & Priority questions included in the Practice Quizzes section.
  - #6 - Note any medications listed in the content guide outline – Review uses, side effects, nursing considerations & interventions, & antidotes if there is one.
  - #7 - Do a **quick review** of any relevant nursing diagnosis noted in the content guide outline, noting interventions, rationales, goals, & treatments. You should purchase your Nursing Diagnosis Pocket Guide if you haven't already done so – you will need it when you take (and pass!) the clinical.
  - #8 - If you did well on the quizzes for section 1 and/or have reviewed the rationales for the questions you missed – **Move on to section 2.** Work thru each section until you've completed the content guide required areas.
  - #9 - Call **your adviser** for permission to test & schedule your exam.
  - #10 - Review **questions & rationales until your test date.** When going over the practice questions, read all of the rationales – even the ones that were correct as this may give you more info about other areas. Anything that gives you pause – Look up! – either by 'Google', 'YouTube', or the additional resources section of your study guide. Focus on the areas that you scored poorest in.
- An **Audio Review** is available for all nursing exams. The Audio Review covers key concepts from the subject areas. You can utilize the audio review while doing other tasks that keep you from sitting down to study such as driving to work, cooking, cleaning, or even sleeping!

**The exams are not easy!** They are college level courses – give yourself enough study time to learn the material! Consider joining our FaceBook group "MyStudyGroup101" where you can ask questions & receive support & advice from fellow students who are or have been 'in your shoes'!

At current standing, more than **42,000 RNs** have received their degree though EC & you can too!

**Now that you've read these two pages, it's time to get started!!**